

Follow Your Passion

Those who know me well will recognise that I get lots of my inspiration from movies. Some of my friends would say 'that explains a lot'. In the John Cusack movie "Serendipity" there is an observation made by Dean, who is the obituary writer for the New York Times: "The Greeks didn't write obituaries. They had only one question when a man died - 'Did he have passion'" If there is one thing I want to be remembered for it is my passion. I want to be remembered for the things I am passionate about. For the things that make me leap out of bed in the morning. The things that make me glad to be alive. I don't even want to be remembered for what I was successful at doing (al. In fact, if my passion has caused me to have one or two failures along the way, then so be it! I would rather have attempted something and failed than live with the dreaded question 'what if' I'm spending a lot of time lately working out what I am truly passionate about. Passion is what drives us all. If you're having problems making progress in your life, or you're lacking energy and drive, then ask yourself the question: "am I passionate about this" You see, life's too short to get tied up in doing things we don't love. If we are truly passionate about something, then we will find a way to make it work. We will find a way to demolish every single obstacle in the way. We will find a way to find the money to achieve it, to find the people that we need to help us, the connections, the resources. It's a strange (and wonderful) thing too: once we get passionate about something, then synchronicity starts to happen. It's as if the universe responds and clears the roadblocks away as if to say "stand back, passionate human being coming through". People who can help you with your goal suddenly appear as if from nowhere. You suddenly stumble on an article, a newspaper clipping or a TV programme that will help us. As soon as we start raising our energy, as soon as we start getting excited about our goal, then we start to attract people, events and resources with a similar energy. Sometimes in today's culture it seems as if passion has become locked away - passion is something for special occasions, something for romantic movies, for lovers, for activists. So here's the thing. Passion is for all of us. Passion is for every day. It's not just for those once a lifetime things - it's designed to drive us, inspire us, get us excited. It's designed to motivate us, to lead us, to keep us going when nothing seems to be working. It keeps us hungry, keeps us on the edge - keep us pursuing a dream long after others would have given up. We've become used to doing things because they make sense. Doing things because 'that's just the way it is'. Doing things because that's what we were taught. I see so many people just going through the motions every day. We've lost our passion, lost our fizz, lost our excitement. When would now be a good time to be making sure that we're doing the things that make us feel happy, inspired and excited So, what are you passionate about What is it that you would do even if you weren't getting paid for it What would you really dream of doing Remember, this has to be YOUR passion. Not your partner's, your children's, your boss's. It needs to be what YOU love. It might be the environment, it might be working with children. It might be a hobby. It might be a special project. It might be your family. It might be a specific charity. For you, there is something. Something that you love. Something that challenges you. Something that excites you. That's your passion. Follow it.

About the Author

im is an author, teacher, adventurer and visionary based near Peterborough UK. He is a Certified NLP Trainer, and accredited Master Coach, with a passion for bringing out the absolute best in those he works with. He integrates the power of the unconscious mind with a spiritual dimension to create incredible results with his clients. He is a member of the British Board of NLP and the International Medical and Dental Hypnotherapy Association You can contact him through www.theinspirationcentre.com

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